

## “Lead us not into Temptation”

**Text: James 1:12-18**

**Thesis: Every Christian is tempted to sin but by the power of the Holy Spirit we do not have to yield to temptation.**

### 1. While experiencing trials or stress some may be tempted to alleviate their pressures through unethical or immoral ways. (Vs. 12)

- A. The devil tempted Jesus to sin during his 40 days of fasting in the desert.  
See Matthew 4:1-11

**\*\*“For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are--yet without sin.”**

#### Hebrews 4:15-16

1. Be aware that temptations may come during extreme physical and mental fatigue.
- B. Jesus’ Temptation came directly following a spiritually high moment.
1. Be aware that temptation may come when you are doing great things for God.  
See Mark 1:9-13

### 2. Temptation does not come from God. (Vs. 13 & 16-17)

- A. God may allow you to experience trials to strengthen you, but he will never entice you to sin.

### 3. Temptation comes from within a person. (Vs. 14)

- A. Temptations can be unique to everyone.
- B. Avoid the things that tempt you.
- C. Do not deceive yourself by placing false confidence in your own strengths.

### 4. By the power of the Holy Spirit, it is possible to resist yielding to temptation.

**\*\*“...but we have one who has been tempted in every way, just as we are -- yet without sin.”**

#### Hebrews 4:16

**\*\*“Because he himself suffered when he was tempted, he is able to help those who are being tempted.”**

#### Hebrews 2:18

- A. Break the sin cycle.

1. Give your temptations to Jesus

**\*\*“I can do everything through him who gives me strength.”**  
Philippians 4:13

2. Confess your sin to Jesus.

**\*\*“If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.”**

#### 1 John 1:9

**\*\*Jesus declared, “Go now and leave your life of sin.”**  
John 8:11

3. Walk in the light, as he is in the light.”  
1 John 1:7